

*GUEST SPEAKERS, PRESENTERS, AND FACILITATORS*

**SATURDAY, FEBRUARY 28TH**

8:15 AM - 9:15 AM

**Professional Body Address Guest Speakers**



**Linnaea Harper,**  
Ontario Society of Chiropractors  
Registered Chiropractor, D. Ch.

Linnaea Harper is a practicing chiropractor with a strong interest in biomechanics and patient-centred foot care. She works closely with foot care nurses, pedorthists, and other allied health professionals to support collaborative, interdisciplinary care across a wide range of lower-limb conditions. Linnaea is an active board member of the Ontario Society of Chiropractors and is passionate about advocacy, education, and strengthening connections within the foot care community.



**Jodi Basha,**  
Pedorthic Association of Canada  
Canadian Certified Pedorthist, C. Ped (C)

Jodi holds a Bachelor of Physical Education from Memorial University and a Diploma of Pedorthics Program from Western University. She has been a Pedorthist for 17 years and resides in her hometown of Corner Brook, Newfoundland. When not working in her Pedorthic clinic, Jodi spends much of her time supporting her children's sports.

Jodi has been an active volunteer with the Pedorthic Association (PAC) since 2019, first serving as a member of the Professional Development (PD) Committee. In 2020, she joined the Board of Directors and soon after became the Board Liaison to the PD Committee. In 2021, she assumed the role of Treasurer, followed by President-Elect in 2022. Jodi is currently serving as President, working alongside a dedicated team of Directors with a shared mission to promote and grow the Pedorthic profession.



**Kathleen Stevens,**  
Canadian Association of FCNs  
BN, MN, PhD

Dr. Kathleen Stevens is an Assistant Professor at Memorial University's Faculty of Nursing in St. John's, NL and an Executive Board member of the Canadian Association of Foot Care Nurses (CAFCN). Her research focuses on preventative foot health, diabetes-related foot complications, and patient self-management strategies. In her recent work with CAFCN, she has led the update of the CAFCN Competency Framework and collaborated with the Canadian Nurses Association to develop and implement a portfolio certification process for advanced foot care nurses.

9:15 AM - 10:00 AM

**Core Footwear with Brooks**



**Dylan Day,** Brooks Running  
Account Manager & Sales Representative

Dylan Day is an Account Manager in the Running & Outdoor industries. Dylan has worked in the Running industry for 15+ years, spanning various retail, sales, and marketing roles with Nike, New Balance, and Brooks. Many of you will know him as the Sales Representative for Brooks Running in Ontario.

10:00 AM - 10:30 AM

**Workshop: Shockwave for Chiropractors**

Presented by your Medical FootCare Managers

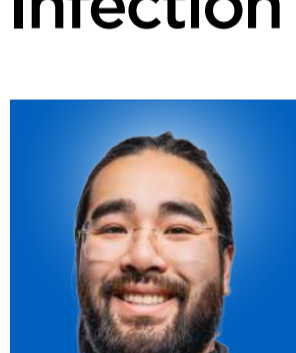
10:45 AM - 12:00 PM

**Workshop: Foot Mobilization Therapy for Chiropractors**

Presented by your Medical FootCare Managers

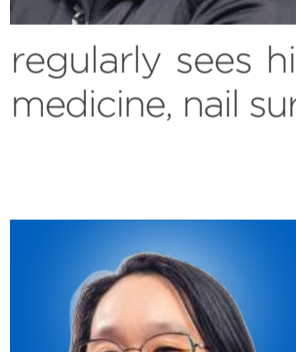
10:00 AM - 10:30 AM

**Infection Control Measures**



**Carson Le,** BioPed  
Registered Chiropractor, D. Ch., Medical Footcare Manager

A longstanding team member practicing in BioPed clinics for the past 5 years, in addition to working in hospitals, health centres, and rural communities such as the First Nations reserves. He regularly sees high risk diabetic patients but also practices a full scope in sports medicine, nail surgery, and routine care.



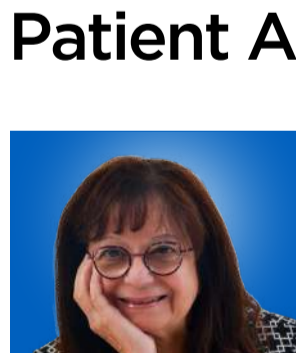
**Cynthia Li,** BioPed  
Registered Chiropractor, D. Ch., Medical Footcare Manager

Practicing for more than 12 years in Ontario as a Registered Chiropractor, Cynthia has worked in hospital and private settings in Ottawa and Toronto, providing routine footcare, as well as

surgeries and wound care. She has a special interest in biomechanics and mobilization, and is a consultant for Orthotics manufacturers. She is also a board member for the Ontario Society of Chiropractors

10:45 AM - 12:00 PM

**Patient Assessment with Ruth Ruttan**



**Ruth Ruttan**  
Certified Footcare Educator & CDE

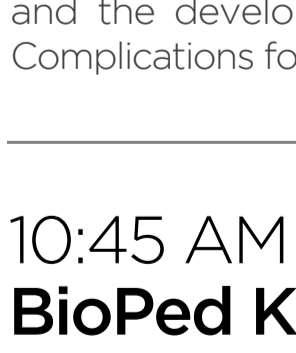
Ruth has been involved in Nursing Footcare since 1985 when she embarked on a new direction in her nursing career. Little did she realize at the time that she would consider this the most rewarding

work that she had ever done. Ruth's passion for Nursing Footcare led to her pursuit of certification as a Certified Footcare Educator and eventually starting her business in footcare services and education in 1997. Her passion for continuing education has led her to further certification in Adult Education, Certified Diabetes Educator (CDE), Certified Compression Therapy Consultant; Graduate of the International Interdisciplinary Wound Care Course. She also holds CTM standing in public speaking with Toastmasters International.

Over the years Ruth has developed and taught programs for several community colleges, government and indigenous organizations throughout Ontario, New Brunswick, and NWT. She has consulted for the early development of CNO Footcare Guidelines, and the development of RNAO Best Practice Guidelines for Reducing Foot Complications for People with Diabetes.

10:45 AM - 12:00 PM

**BioPed Knee Certification Course, with Bauerfeind**



**Dr. Darren de SA**  
MD MBA FRCSC

Dr. de SA completed both his medical and orthopaedic surgery residency training at McMaster University and then pursued Fellowship training in Sports Medicine and Arthroscopic Surgery at the University of Pittsburgh where he was Assistant Team Physician for the Pittsburgh Penguins (NHL) and worked collaboratively with the medical teams for the Pittsburgh Steelers (NFL). He is currently the Associate Head Orthopaedic Surgeon for both the Hamilton Forge FC (Canadian Premier League) and Hamilton Tiger-Cats (Canadian Football League). Moreover, Dr. deSA has completed additional Fellowship training in adolescent and paediatric trauma (Western University) and adult musculoskeletal trauma (McMaster University). He has also contributed to a productive MacSports research program and has published over 175 peer-reviewed manuscripts, and numerous book chapters. Most recently, he was promoted to Associate Professor in the Department of Surgery at McMaster University and is serving as the 124th President of the Hamilton Academy of Medicine.